



Arizona

STRENGTHS

- High percentage of households with high-speed internet
- High prevalence of exercise
- Low prevalence of falls

CHALLENGES

- High suicide rate
- Low prevalence of cancer screenings
- Low flu vaccination coverage

HIGHLIGHTS

- Food insecurity decreased 34% between 2015-16 and 2017-18 from 18.9% to 12.5% of adults ages 60+
- Flu vaccination coverage increased 16% between 2015 and 2019 from 52.6% to 60.9% of adults ages 65+
- Multiple chronic conditions increased 11% between 2014 and 2018 from 33.0% to 36.5% of Medicare beneficiaries ages 65+

WEBSITE: azdhs.gov

Measure	Rating	2021 Value	2021 Rank
Social and Economic Factors *	+++	0.065	30
Sum of weighted z-scores			
Community and Family Safety *	++	-0.500	40
Sum of weighted z-scores			
Violent Crime	+	455	41
Offenses per 100,000 population			
Economic Resources- Senior *	++	-0.089	33
Sum of weighted z-scores			
Food Insecurity - Ages 60+	+++	12.5%	26
Percentage of adults ages 60+			
Poverty - Ages 65+	++	9.0%	32
Percentage of adults ages 65+			
Poverty Racial Disparity - Ages 65+ †	•	2.6	•
Ratio			
SNAP Reach - Ages 60+	++	56.5	37
Participants per 100 adults ages 60+ living in poverty			
Education * †	•	•	•
Sum of weighted z-scores			
College Graduate - Ages 65+ †	++++	31.0%	17
Percentage of adults ages 65+			
Social Support and Engagement *	+++	0.238	21
Sum of weighted z-scores			
Community Support Expenditures	++	\$27.00	36
Dollars per adult ages 60+			
High-speed Internet - Ages 65+	+++++	83.0%	4
Percentage of households with adults ages 65+			
Low-care Nursing Home Residents	++++	7.1%	14
Percentage of residents			
Risk of Social Isolation - Ages 65+	++++	32	17
Percentile of mean z scores for risk factors in adults 65+			
Volunteerism - Ages 65+	++	25.0%	40
Percentage of adults ages 65+			
Voter Participation - Ages 65+ (Congressional) †	+++++	75.6%	8
Percentage of citizens ages 65+			
Physical Environment *	++	0.100	35
Sum of weighted z-scores			
Air and Water Quality *	++	-0.070	39
Sum of weighted z-scores			
Air Pollution	+	8.6	45
Micrograms of fine particles per cubic meter			
Drinking Water Violations	++	0.9%	32
Percentage of community water systems			
Non-smoking Regulation †	+++++	100.0%	1
Percentage of population			

Housing and Transit *	+++	0.440	30
Sum of weighted z-scores			
Severe Housing Problems - Ages 62+	+++	30.2%	30
Percentage of one- to two-person households with an adult ages 62+			
Clinical Care *	+++	0.024	23
Sum of weighted z-scores			
Access to Care *	++	-0.413	31
Sum of weighted z-scores			
Avoided Care Due to Cost - Ages 65+	++	5.2%	37
Percentage of adults ages 65+			
Geriatric Providers	++	23.0	34
Providers per 100,000 adults ages 65+			
Home Health Care Workers	+++++	157	17
Workers per 1,000 adults ages 65+ with a disability			
Preventive Clinical Services *	++	-0.530	36
Sum of weighted z-scores			
Cancer Screenings - Ages 65-75	++	69.8%	39
Percentage of adults ages 65-75			
Immunizations *	++	-0.290	35
Sum of weighted z-scores			
Flu Vaccination - Ages 65+	++	60.9%	40
Percentage of adults ages 65+			
Pneumonia Vaccination - Ages 65+	+++	72.4%	30
Percentage of adults ages 65+			
Quality of Care *	+++++	0.618	9
Sum of weighted z-scores			
Dedicated Health Care Provider - Ages 65+	++	92.2%	37
Percentage of adults ages 65+			
Hospice Care	+++++	58.8%	3
Percentage of Medicare decedents			
Hospital Readmissions - Ages 65-74	+++++	15.0%	6
Percentage of hospitalized Medicare beneficiaries ages 65-74			
Nursing Home Quality	+++	44.4%	30
Percentage of beds rated four or five stars			
Preventable Hospitalizations - Ages 65-74	+++++	1508	8
Discharges per 100,000 Medicare beneficiaries ages 65-74			
Behaviors *	+++++	0.716	8
Sum of weighted z-scores			
Nutrition and Physical Activity *	+++++	0.877	7
Sum of weighted z-scores			
Exercise - Ages 65+	+++++	27.3%	9
Percentage of adults ages 65+			
Fruit and Vegetable Consumption - Ages 65+	+++++	9.5%	6
Percentage of adults ages 65+			
Physical Inactivity - Ages 65+	++++	28.0%	12
Percentage of adults ages 65+ in fair or better health			

Sleep Health *	++++	0.780	16
Sum of weighted z-scores			
Insufficient Sleep - Ages 65+	++++	24.6%	16
Percentage of adults ages 65+			
Tobacco Use *	+++	0.170	22
Sum of weighted z-scores			
Smoking - Ages 65+	+++	8.8%	22
Percentage of adults ages 65+			
Health Outcomes *	+++	0.256	22
Sum of weighted z-scores			
Behavioral Health *	+	-0.567	42
Sum of weighted z-scores			
Cognitive Difficulty †	++++	7.5%	16
Percentage of adults ages 65+			
Depression †	+++++	11.8%	9
Percentage of adults ages 65+			
Excessive Drinking - Ages 65+	++	8.3%	34
Percentage of adults ages 65+			
Frequent Mental Distress - Ages 65+	+++	7.7%	23
Percentage of adults ages 65+			
Suicide - Ages 65+	+	26.0	44
Deaths per 100,000 adults ages 65+			
Mortality *	++++	0.600	12
Sum of weighted z-scores			
Drug Deaths - Ages 65-74 †	•	14.0	•
Deaths per 100,000 population			
Early Death - Ages 65-74	++++	1591	12
Deaths per 100,000 adults ages 65-74			
Early Death Racial Disparity - Ages 65-74 †	•	1.8	•
Ratio			
Physical Health *	+++++	0.649	7
Sum of weighted z-scores			
Able-bodied †	+++	67.0%	22
Percentage of adults ages 65+			
Falls - Ages 65+	+++++	24.0%	5
Percentage of adults ages 65+			
Frequent Physical Distress - Ages 65+	++	17.5%	31
Percentage of adults ages 65+			
High Health Status - Ages 65+ †	++++	44.7%	15
Percentage of adults ages 65+			
Multiple Chronic Conditions - Ages 65+	++++	36.5%	20
Percentage of Medicare beneficiaries ages 65+			
Obesity - Ages 65+	+++++	25.7%	7
Percentage of adults ages 65+			
Teeth Extractions - Ages 65+	++++	11.6%	12
Percentage of adults ages 65+			

Overall *

Sum of weighted z-scores

•

0.236

•

Demographics * †

•

•

•

None

Rural Population †

Percent of population

•

9.7%

•

Population Ages 65+ †

Percent of population

•

18.0%

•

RATING RANK

+++++ 1 – 10

++++ 11 – 20

+++ 21 – 30

++ 31 – 40

+ 41 – 50

* Value indicates a score. Higher scores are healthier and lower scores are less healthy. For measure definitions, including data sources and years, see "[Data Sources and Measures](#)".

† Not included in the overall score

• Data Unavailable

High-speed Internet - Ages 65+



83.0%



SINCE 2020, HIGH-SPEED INTERNET - AGES 65+ * **INCREASED 3% FROM 80.7% TO 83.0%**

** Percentage of households with adults ages 65+*

Poverty Racial Disparity - Ages 65+

2.6

RATIO OF THE RACIAL OR ETHNIC GROUP WITH THE HIGHEST POVERTY RATE TO THE NON-HISPANIC WHITE RATE AMONG ADULTS AGES 65 AND OLDER

Geriatric Providers

23.0

NUMBER OF FAMILY MEDICINE AND INTERNAL MEDICINE GERIATRICIANS AND NURSE PRACTITIONERS PER 100,000 ADULTS AGES 65 AND OLDER

Preventable Hospitalizations - Ages 65-74

1,508



SINCE 2020, PREVENTABLE HOSPITALIZATIONS - AGES 65-74* **DECREASED 4% FROM 1,569 TO 1,508**

** Discharges per 100,000 Medicare beneficiaries ages 65-74*

Severe Housing Problems - Ages 62+

30.2%

PERCENTAGE OF ONE- TO TWO-PERSON HOUSEHOLDS WITH AN ADULT AGES 62 AND OLDER WITH AT LEAST ONE OF THE FOLLOWING PROBLEMS: LACK OF COMPLETE KITCHEN FACILITIES, LACK OF PLUMBING FACILITIES, OVERCROWDING OR COST-BURDENED OCCUPANTS (5-YEAR ESTIMATE)

Early Death - Ages 65-74

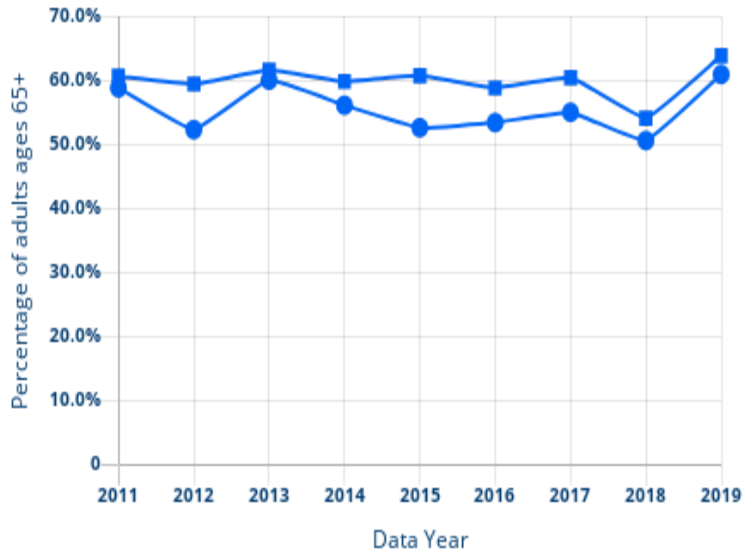
1,591



SINCE 2020, EARLY DEATH - AGES 65-74* **INCREASED FROM 1,589 TO 1,591**

** Deaths per 100,000 adults ages 65-74*

Flu Vaccination - Ages 65+



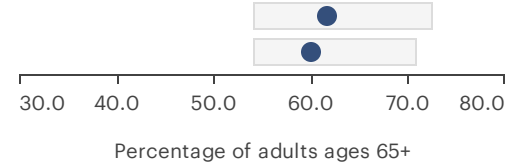
Percentage of adults ages 65 and older who reported receiving a seasonal flu vaccine in the past 12 months

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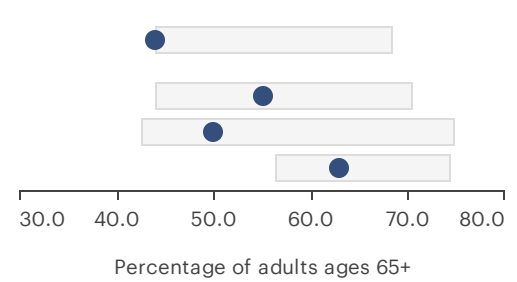
GENDER

Female
Male



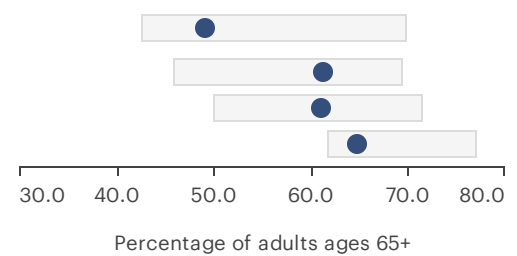
RACE/ETHNICITY

American Indian/Alaska Native
Black
Hispanic
White



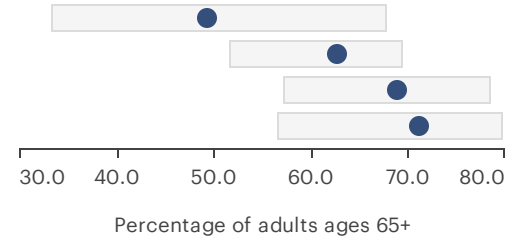
EDUCATION

Less Than High School
High School Grad
Some College
College Grad



INCOME

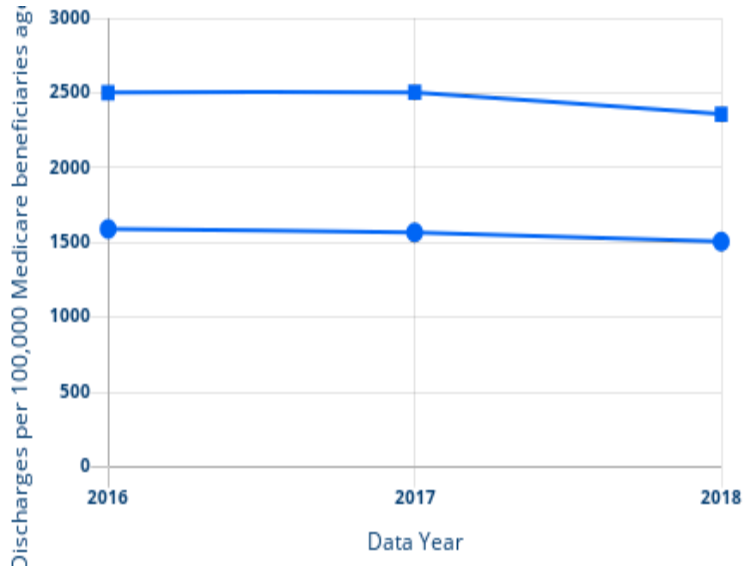
Less Than \$25,000
\$25-\$49,999
\$50-\$74,999
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Preventable Hospitalizations - Ages 65-74



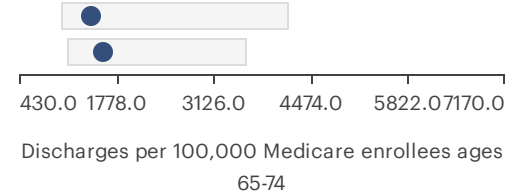
Discharges following hospitalization for diabetes with short- or long-term complications, uncontrolled diabetes without complications, diabetes with lower extremity amputation, chronic obstructive pulmonary disease, angina without a procedure, asthma, hypertension, heart failure, dehydration, bacterial pneumonia or urinary tract infection per 100,000 Medicare beneficiaries ages 65-74 enrolled in the fee-for-service program

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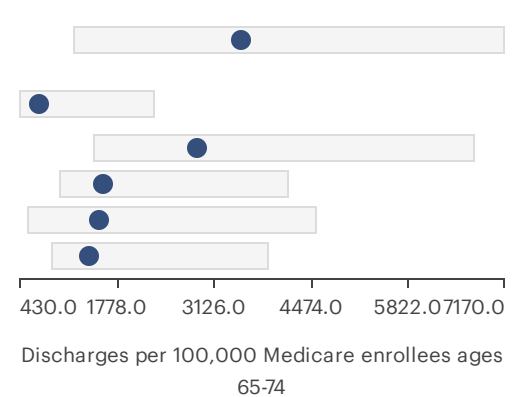
GENDER

Female
Male



RACE/ETHNICITY

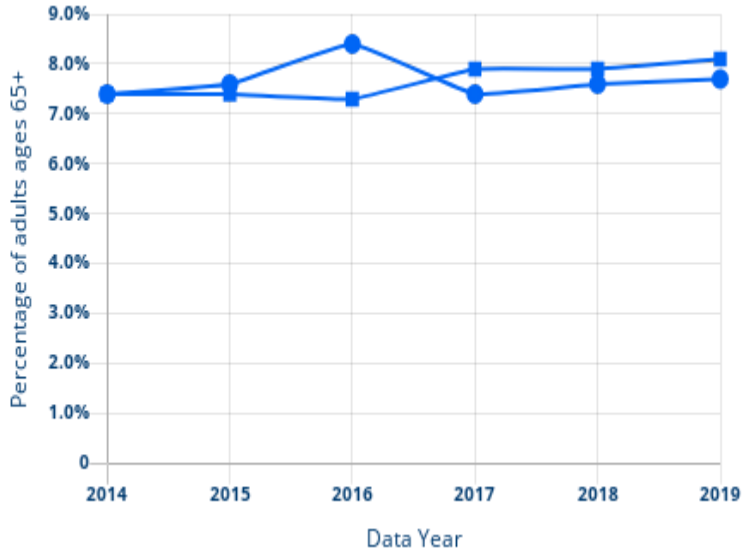
American Indian/Alaska Native
Asian/Pacific Islander
Black
Hispanic
Other Race
White



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Frequent Mental Distress - Ages 65+



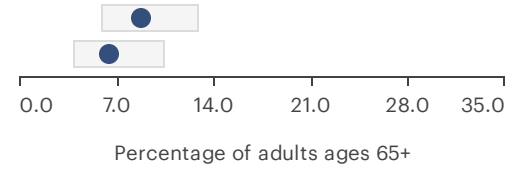
Percentage of adults ages 65 and older who reported their mental health was not good 14 or more days in the past 30 days

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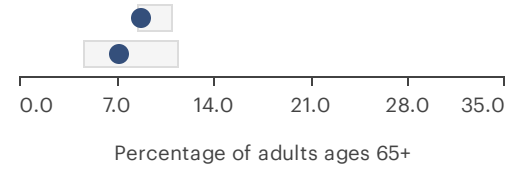
GENDER

Female
Male



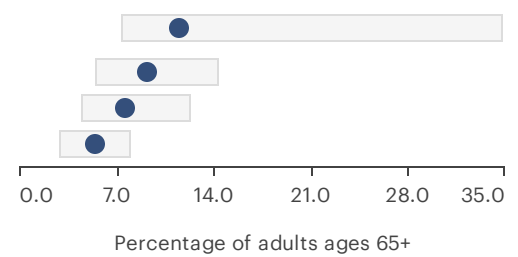
RACE/ETHNICITY

Hispanic
White



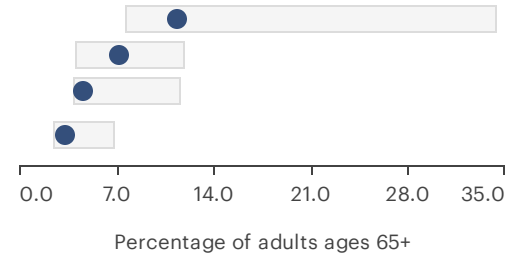
EDUCATION

Less Than High School
High School Grad
Some College
College Grad



INCOME

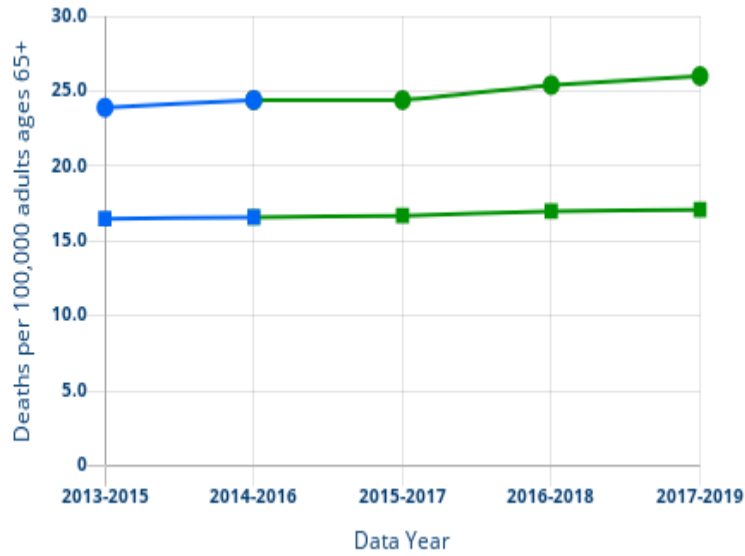
Less Than \$25,000
\$25-\$49,999
\$50-\$74,999
Ages 65+ \$75,000 or More



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Suicide - Ages 65+



Deaths due to intentional self-harm per 100,000 adults ages 65 and older (3-year estimate)

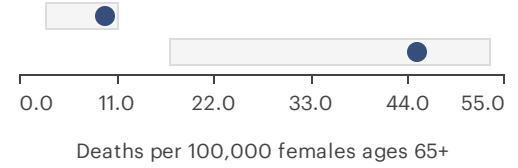
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GENDER

Ages 65+

Ages 65+

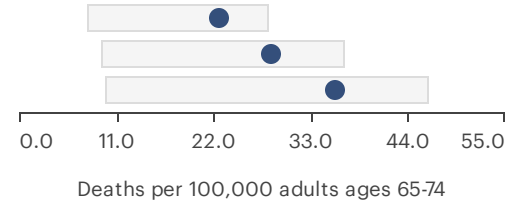


AGE

Ages 65-74

Ages 75-84

Ages 85+



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