



## Arizona

### STRENGTHS

- High coverage of smokefree laws
- High percentage of hospice care use
- Low prevalence of falls

### CHALLENGES

- High suicide rate
- Low prevalence of cancer screenings
- High prevalence of excessive drinking

### HIGHLIGHTS

- Excessive drinking increased 18% in the past year from 7.4% to 8.7% of adults ages 65+
- Low-care nursing home residents decreased 36% in the past year from 11.1% to 7.1% of residents
- Home health care workers increased 20% in the past year from 129 to 155 aides per 1,000 adults ages 65+ with a disability
- Flu vaccination coverage decreased 16% in the past five years from 60.0% to 50.6% of adults ages 65+
- Falls decreased 15% in the past two years from 28.2% to 24.0% of adults ages 65+
- Multiple chronic conditions increased 11% in the past five years from 31.7% to 35.2% of Medicare enrollees ages 65+

**WEBSITE:** [azdhs.gov](https://azdhs.gov)

Measure	Rating	2020 Value	2020 Rank
<b>Behaviors *</b>	<b>++++</b>	<b>0.180</b>	<b>18</b>
<b>Sum of weighted z-scores</b>			
Insufficient Sleep - Ages 65+ Percentage of adults ages 65+	++++	24.6%	16
Nutrition and Physical Activity *	++++	0.333	17
<b>Sum of weighted z-scores</b>			
Exercise - Ages 65+ Percentage of adults ages 65+	++++	19.5%	16
Physical Inactivity - Ages 65+ Percentage of adults ages 65+ in fair or better health	++++	26.4%	13
Fruit Consumption - Ages 65+ Percentage of adults ages 65+	+++	33.4%	30
Vegetable Consumption - Ages 65+ Percentage of adults ages 65+	+++	13.7%	23
Substance Use *	++	-0.295	34
<b>Sum of weighted z-scores</b>			
Excessive Drinking - Ages 65+ Percentage of adults ages 65+	++	8.7%	40
Smoking - Ages 65+ Percentage of adults ages 65+	++++	8.6%	19
<b>Social and Economic Factors *</b>	<b>++</b>	<b>0.023</b>	<b>31</b>
<b>Sum of weighted z-scores</b>			
Economic Resources- Senior *	++	-0.154	32
<b>Sum of weighted z-scores</b>			
Food Insecurity - Ages 60+ Percentage of adults ages 60+	++	14.7%	35
Poverty - Ages 65+ Percentage of adults ages 65+	+++	8.6%	22
SNAP Reach - Ages 60+ Participants per 100 adults ages 60+ living in poverty	++	56.5	37
Social Support and Engagement *	++++	0.397	18
<b>Sum of weighted z-scores</b>			
Community Support Expenditures Dollars per adult ages 60+	++	\$27.00	36
Low-care Nursing Home Residents Percentage of residents	++++	7.1%	14
Risk of Social Isolation - Ages 65+ Percentile of mean z scores for risk factors in adults 65+	++++	32	17
Volunteerism - Ages 65+ Percentage of adults ages 65+	++	25.0%	40
Voter Participation - Ages 65+ (Congressional) Percentage of citizens ages 65+	+++++	75.6%	8
High-speed Internet - Ages 65+ † Percentage of households with adults ages 65+	+++++	80.7%	10

Violent Crime Offenses per 100,000 population	+	475	41
Population Ages 65+ + Percent of population	•	17.5%	•
<b>Physical Environment *</b> <b>Sum of weighted z-scores</b>	<b>++</b>	<b>0.000</b>	<b>37</b>
Air and Water Quality * Sum of weighted z-scores	+++	0.043	28
Air Pollution Micrograms of fine particles per cubic meter	+	9.7	49
Non-smoking Regulation Percentage of population	+++++	100.0%	1
Drinking Water Violations Percentage of community water systems	+++	1.1%	28
Severe Housing Problems Percentage of occupied housing units	+	18.5%	42
<b>Clinical Care *</b> <b>Sum of weighted z-scores</b>	<b>+++</b>	<b>0.182</b>	<b>21</b>
Access to Care * Sum of weighted z-scores	++	-0.188	32
Avoided Care Due to Cost - Ages 65+ Percentage of adults ages 65+	++	5.0%	32
Dedicated Health Care Provider - Ages 65+ Percentage of adults ages 65+	++	92.7%	37
Geriatricians Number per 100,000 population ages 65+	+++	11.1	30
Home Health Care Workers Workers per 1,000 adults ages 65+ with a disability	++++	155	18
Preventive Clinical Services * Sum of weighted z-scores	++	-0.440	38
Cancer Screenings - Ages 65-75 Percentage of adults ages 65-75	++	69.8%	39
Immunizations * Sum of weighted z-scores	++	-0.060	32
Flu Vaccination - Ages 65+ Percentage of adults ages 65+	++	50.6%	40
Pneumonia Vaccination - Ages 65+ Percentage of adults ages 65+	+++	74.0%	23
Shingles Vaccination - Ages 65+ Percentage of adults ages 65+	+++	46.7%	22
Quality of Care * Sum of weighted z-scores	+++++	1.173	6
Hospice Care Percentage of Medicare decedents	+++++	59.2%	2
Hospital Readmissions - Ages 65-74 Percentage of hospitalized Medicare beneficiaries ages 65-74	+++++	15.0%	7

Nursing Home Quality	++++	45.7%	20
Percentage of beds rated four or five stars			
Preventable Hospitalizations - Ages 65-74	+++++	1569	8
Discharges per 100,000 Medicare beneficiaries ages 65-74			
<b>Health Outcomes *</b>	<b>++++</b>	<b>0.379</b>	<b>18</b>
<b>Sum of weighted z-scores</b>			
Health Status *	+++	0.228	26
Sum of weighted z-scores			
Able-bodied	+++	66.4%	24
Percentage of adults ages 65+			
Cognitive Difficulty †	++++	7.8%	17
Percentage of adults ages 65+			
Frequent Mental Distress - Ages 65+	+++	7.6%	28
Percentage of adults ages 65+			
Frequent Physical Distress - Ages 65+	++	18.0%	32
Percentage of adults ages 65+			
High Health Status - Ages 65+	++++	45.3%	14
Percentage of adults ages 65+			
Injury and Illness *	+++++	0.830	5
Sum of weighted z-scores			
Falls - Ages 65+	+++++	24.0%	5
Percentage of adults ages 65+			
Multiple Chronic Conditions - Ages 65+	++++	35.9%	19
Percentage of Medicare beneficiaries ages 65+			
Obesity - Ages 65+	+++++	26.1%	9
Percentage of adults ages 65+			
Teeth Extractions - Ages 65+	++++	11.6%	12
Percentage of adults ages 65+			
Mortality *	+++	-0.220	28
Sum of weighted z-scores			
Drug Deaths - Ages 65-74 †	•	13.2	•
Deaths per 100,000 population			
Early Death - Ages 65-74	++++	1589	11
Deaths per 100,000 adults ages 65-74			
Suicide - Ages 65+	+	25.5	45
Deaths per 100,000 adults ages 65+			

<b>Overall * [26]</b>	<b>•</b>	<b>0.173</b>	<b>•</b>
<b>RATING</b>			
<b>Overall</b>			
+++++	1 – 10		

++++	11 – 20
+++	21 – 30
++	31 – 40
+	41 – 50

\* Value indicates a score. Higher scores are healthier and lower scores are less healthy. For measure definitions, including data sources and years, see "[Data Sources and Measures](#)".

† Not included in the overall score

• Data Unavailable

[26] Rank is suppressed

## Home Health Care Workers



**155**

NUMBER OF PERSONAL CARE AND HOME HEALTH AIDES PER 1,000 ADULTS AGES 65 AND OLDER WITH A DISABILITY

## Low-care Nursing Home Residents



**7.1%**



SINCE 2019, LOW-CARE NURSING HOME RESIDENTS\* **DECREASED 36% FROM 11.1% TO 7.1%**

*\* Percentage of residents*

## Flu Vaccination - Ages 65+



**50.6%**



SINCE 2019, FLU VACCINATION - AGES 65+\* **DECREASED 8% FROM 55.0% TO 50.6%**

*\* Percentage of adults ages 65+*

## Able-bodied



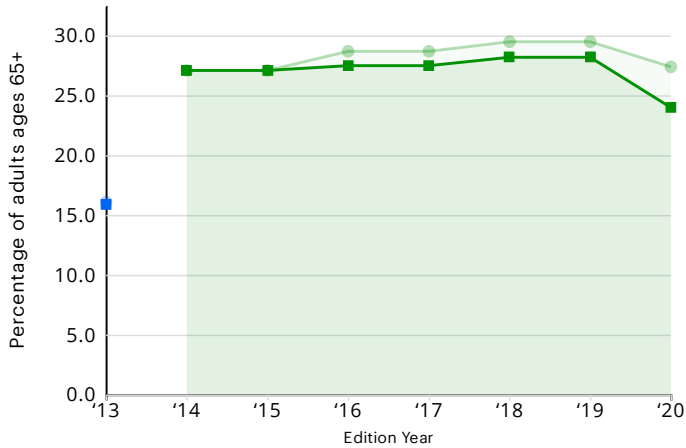
**66.4%**



SINCE 2019, ABLE-BODIED\* **INCREASED 1% FROM 65.8% TO 66.4%**

*\* Percentage of adults ages 65+*

## Falls - Ages 65+



Percentage of adults ages 65 and older who reported falling in the past 12 months

Percentage of adults ages 65 and older who reported falling in the past 12 months

Arizona

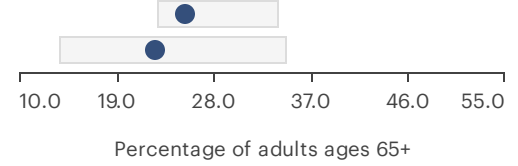
United States



### GENDER

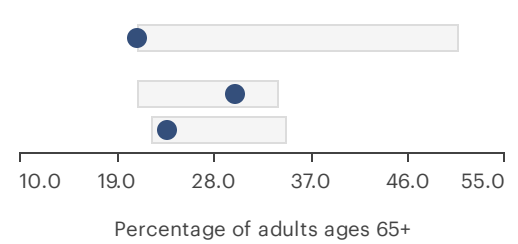
Female

Male



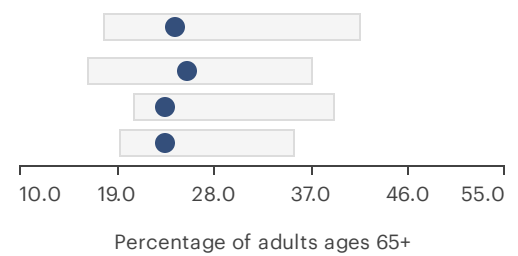
### RACE/ETHNICITY

American Indian/Alaska Native  
Hispanic  
White



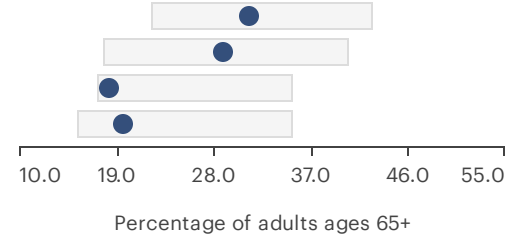
### EDUCATION

Less Than High School  
High School Grad  
Some College  
College Grad



### INCOME

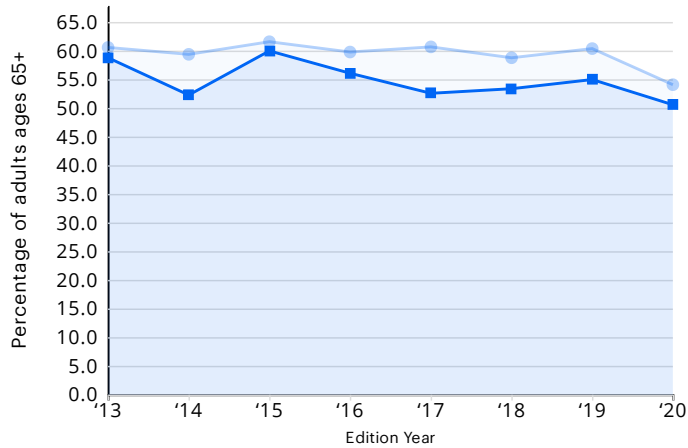
Less Than \$25,000  
\$25-\$49,999  
\$50-\$74,999  
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

## Flu Vaccination - Ages 65+



Percentage of adults ages 65 and older who reported receiving a seasonal flu vaccine in the past 12 months

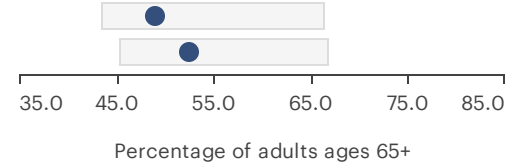
■ Arizona ● United States

Range of Values for all States AZ Value

### GENDER

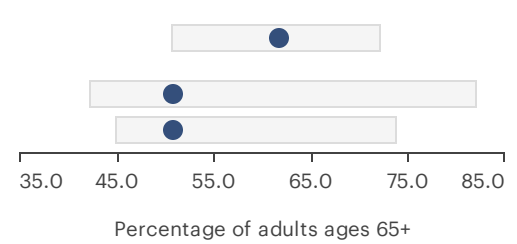
Female

Male



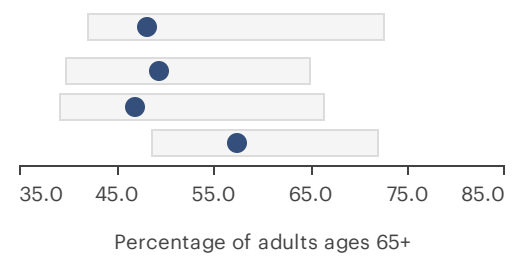
### RACE/ETHNICITY

American Indian/Alaska Native  
Hispanic  
White



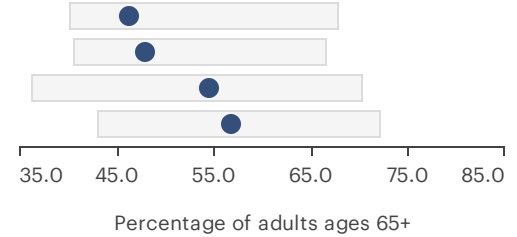
### EDUCATION

Less Than High School  
High School Grad  
Some College  
College Grad



### INCOME

Less Than \$25,000  
\$25-\$49,999  
\$50-\$74,999  
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

