



Arizona

HOME-DELIVERED MEALS RANK: 43 | **NO CHANGE**

DETERMINANTS RANK: 33

OUTCOMES RANK: 25

STRENGTHS

- High percentage of hospice care use
- Low percentage of hospital deaths
- Low prevalence of obesity

CHALLENGES

- High percentage of ICU use
- Low flu vaccination coverage
- High prevalence of food insecurity

HIGHLIGHTS

- In the past three years, physical inactivity increased 16% from 24.6% to 28.5% of adults ages 65+ in fair or better health
- In the past six years, obesity increased 16% from 22.0% to 25.5% of adults ages 65+
- In the past five years, food insecurity increased 54% from 12.3% to 18.9% of adults ages 60+
- In the past five years, home health care workers increased 17% from 89.6 to 105.1 aides per 1,000 adults ages 75+
- In the past six years, hospital deaths decreased 25% from 21.2% to 16.0% of Medicare decedents ages 65+
- In the past three years, ICU use in the last six months of life increased 10% from 15.0% to 16.5% of decedents ages 65+

WEBSITE: azdhs.gov

RANKINGS MEASURES

Measure	Rating	2019 Value	2019 Rank
BEHAVIORS			
Arthritis Management (Percentage of adults ages 65+ with arthritis)	++	50.8%	38
Dental Visit (Percentage of adults ages 65+)	+++	67.6%	25
Excessive Drinking - Ages 65+ (Percentage of adults ages 65+)	+++	7.4%	28
Obesity - Ages 65+ (Percentage of adults ages 65+)	+++++	25.5%	8
Physical Inactivity - Ages 65+ (Percentage of adults ages 65+ in fair or better health)	++++	28.5%	15
Smoking - Ages 65+ (Percentage of adults ages 65+)	++	10.0%	34
Behaviors * (All Behaviors-Seniors)	+++	0.003	24
COMMUNITY & ENVIRONMENT			
Nursing Home Quality (Percentage of beds rated four or five stars)	++++	54.8%	17
Poverty - Ages 65+ (Percentage of adults ages 65+)	+++	9.0%	30
Volunteerism - Ages 65+ (Percentage of adults ages 65+)	++	25.0%	40
Community and Environment - Macro * (Community & Environment - Macro - Seniors)	++	0.016	32
Community Support (Dollars per adult ages 60+ in poverty)	+	\$2.47	43
Food Insecurity - Ages 60+ (Percentage of adults ages 60+)	+	18.9%	44
Home-delivered Meals (Persons served per 100 adults ages 60+ with independent living difficulty)	+	5.0	43
Community and Environment - Micro * (Community & Environment - Micro - Seniors)	+	-0.083	48
Community and Environment Total * (All Community & Environment measures-Seniors)	+	-0.067	41
POLICY			
Geriatrician Shortfall (Percentage of geriatricians needed)	++	76.9%	36
Health Care Associated Infection (HAI) Policies (Percentage of policies in place)	++	25.0%	36
Low-care Nursing Home Residents (Percentage of residents)	+++	11.1%	21
Prescription Drug Coverage (Percentage of Medicare enrollees ages 65+)	+++++	87%	8
SNAP Reach - Ages 60+ (Participants per 100 adults ages 60+ living in poverty)	++	53.2	40
Policy * (All Policy measures-Senior)	++	-0.079	37
CLINICAL CARE			
Dedicated Health Care Provider - Ages 65+ (Percentage of adults ages 65+)	+	92.3%	41
Diabetes Management (Percentage of Medicare enrollees ages 65-75)	++	75.1%	37
Flu Vaccination - Ages 65+ (Percentage of adults ages 65+)	+	55.0%	44
Cancer Screenings - Ages 65-75 (Percentage of adults ages 65-75)	++	68.9%	36
Home Health Care Workers (Number of workers per 1,000 adults ages 75+)	.	.	.
Hospice Care (Percentage of Medicare decedents ages 65+)	+++++	66.4%	2
Hospital Deaths (Percentage of Medicare decedents ages 65+)	+++++	16.0%	2
Hospital Readmissions (Percentage of hospitalized Medicare enrollees ages 65+)	++++	14.2%	16
Preventable Hospitalizations (Discharges per 1,000 Medicare enrollees ages 65+)	+++++	36.1	8
Clinical Care * (All Clinical Care measures--Seniors)	+++	0.010	21
ALL DETERMINANTS			
All Determinants * (All Determinants)	++	-0.133	33
OUTCOMES			
Able-bodied (Percentage of adults ages 65+)	+++	65.8%	21
Early Death - Ages 65-74 (Deaths per 100,000 adults ages 65-74)	++++	1,631	15
Falls - Ages 65+ (Percentage of adults ages 65+)	++++	28.2%	12
Frequent Mental Distress - Ages 65+ (Percentage of adults ages 65+)	+++	7.4%	23
High Health Status - Ages 65+ (Percentage of adults ages 65+)	++++	44.1%	16
Hip Fractures (Hospitalizations per 1,000 Medicare enrollees ages 65+)	+++	5.7	30
ICU Use (Percentage of Medicare decedents ages 65+)	+	16.5%	46
Teeth Extractions - Ages 65+ (Percentage of adults ages 65+)	++++	13.0%	15
All Outcomes * (All Outcomes)	+++	0.057	25
OVERALL			
Overall * (Overall)	++	-0.077	31

RATING	RANK
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

* Value indicates z score. Negative scores are below US value; positive scores are above US value. For complete definitions of measures including data sources and years, see "[Appendix: Core Measures](#)".

- Data Unavailable

Measure	Rating	2019 Value	2019 Rank
Avoided Care Due to Cost - Ages 65+ (Percentage of adults ages 65+)	++	5.5%	32
Cognitive Difficulty (Percentage of adults ages 65+)	++++	8.0%	20
College Graduate - Ages 65+ (Percentage of adults ages 65+)	++++	29.4%	19
Depression (Percentage of adults ages 65+)	+++	16.0%	27
Geriatricians (Number per 100,000 population ages 65+)	+++	11.4	28
Multiple Chronic Conditions - Ages 65+ (Percentage of Medicare beneficiaries ages 65+)	++++	34.7%	19
Overuse--Mammography (Percentage of female Medicare enrollees ages 75+)	++	25.3%	40
Overuse--PSA Test (Percentage of male Medicare enrollees ages 75+)	++	18.9%	37
Poor Mental Health Days (Mean number of days)	++++	2.3	17
Risk of Social Isolation - Ages 65+ (Percentile of mean z scores for risk factors in adults 65+)	++++	28	15
Suicide (Deaths per 100,000 adults ages 65+)	++	25.0	39

RATING RANK
+++++ 1 – 10
++++ 11 – 20
+++ 21 – 30
++ 31 – 40
+ 41 – 50

- Data Unavailable

Hospice Care



66.4%



SINCE 2018, HOSPICE CARE*
INCREASED 1% FROM 65.8% TO 66.4%

** Percentage of Medicare decedents ages 65+*

Depression - Seniors



16.0%



SINCE 2018, DEPRESSION*
INCREASED 14% FROM 14.0% TO 16.0%

** Percentage of adults ages 65+*

Excessive Drinking - Ages 65+



7.4%



SINCE 2018, EXCESSIVE DRINKING -
AGES 65+* **DECREASED 3% FROM 7.6% TO 7.4%**

** Percentage of adults ages 65+*

Obesity - Ages 65+



25.5%



SINCE 2018, OBESITY - AGES 65+*
DECREASED 2% FROM 25.9% TO 25.5%

** Percentage of adults ages 65+*

Food Insecurity - Ages 60+



18.9%



SINCE 2018, FOOD INSECURITY -
AGES 60+* **INCREASED 6% FROM 17.8% TO 18.9%**

** Percentage of adults ages 60+*



Top 5 States

1: TENNESSEE

2: INDIANA

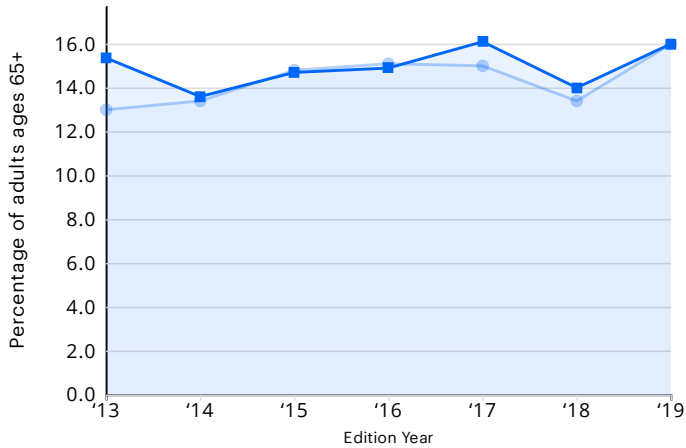
3: MARYLAND

4: GEORGIA

5: KENTUCKY

6: UNITED STATES

Depression - Seniors

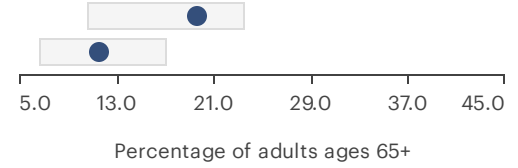


Percentage of adults ages 65 and older who reported being told by a health professional that they have a depressive disorder including depression, major depression, minor depression or dysthymia



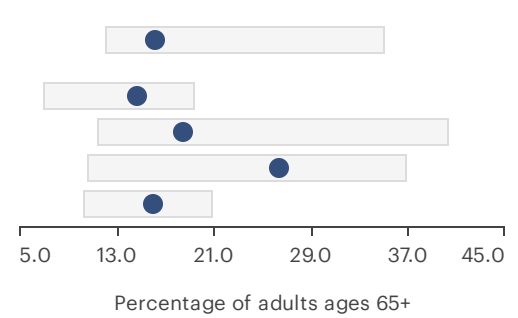
GENDER

Female
Male



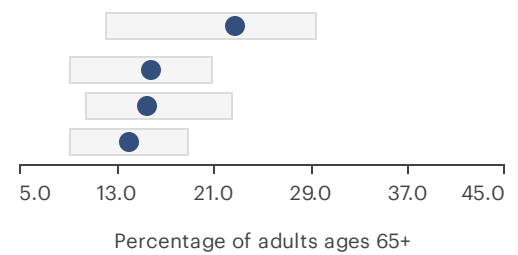
RACE/ETHNICITY

American Indian/Alaska Native
Black
Hispanic
Multiracial
White



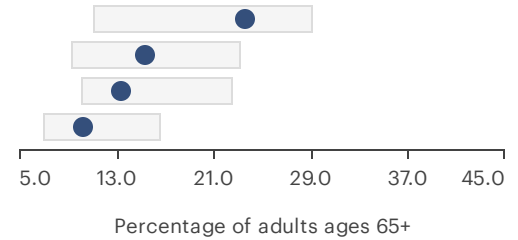
EDUCATION

Less Than High School
High School Grad
Some College
College Grad



INCOME

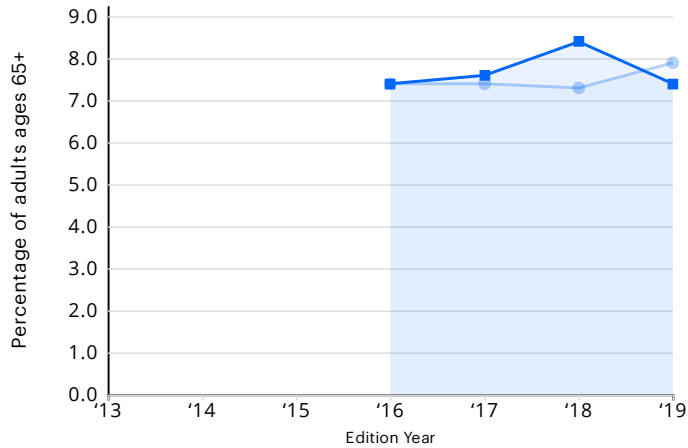
Less Than \$25,000
\$25-\$49,999
\$50-\$74,999
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Frequent Mental Distress - Ages 65+



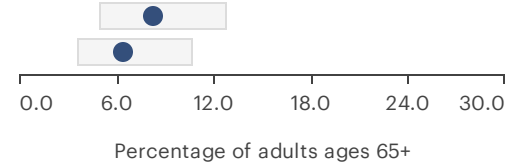
Percentage of adults ages 65 and older who reported their mental health was not good 14 or more days in the past 30 days

■ Arizona ● United States

Range of Values for all States AZ Value

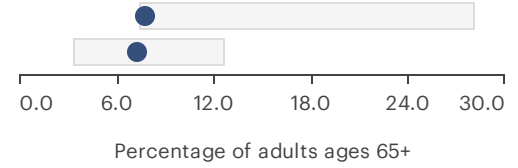
GENDER

Female
Male



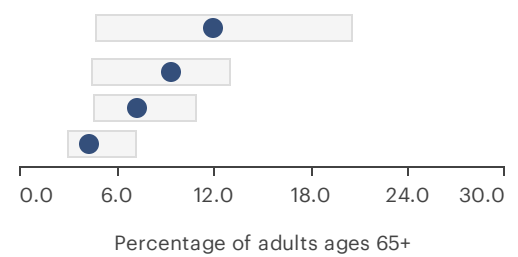
RACE/ETHNICITY

Hispanic
White



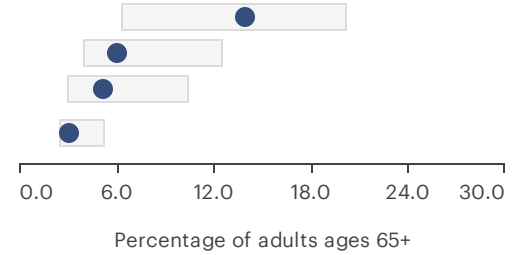
EDUCATION

Less Than High School
High School Grad
Some College
College Grad



INCOME

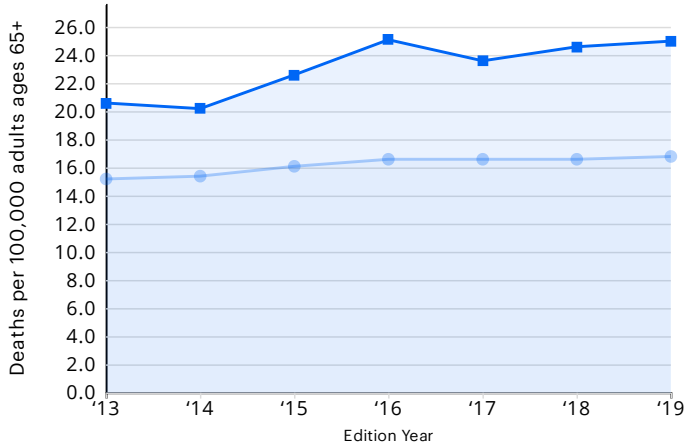
Less Than \$25,000
\$25-\$49,999
\$50-\$74,999
Ages 65+ \$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

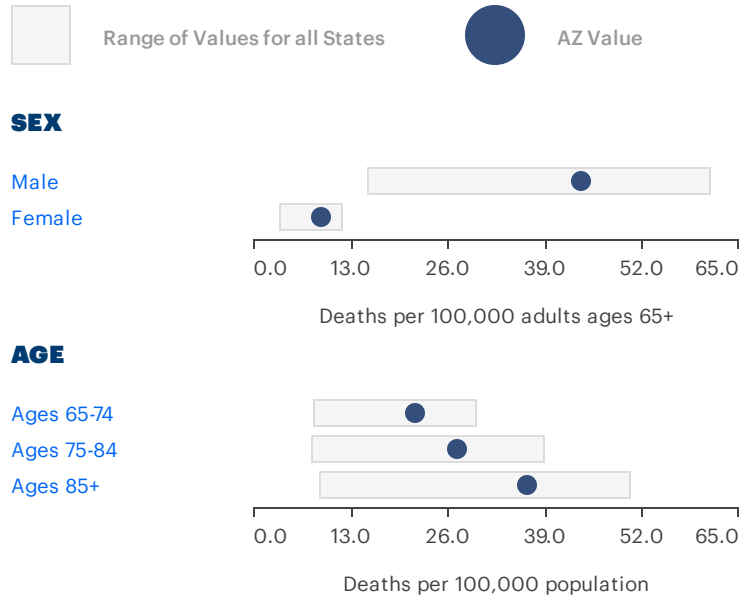
Suicide - Seniors



Deaths due to intentional self-harm per 100,000 adults ages 65 and older

■ Arizona

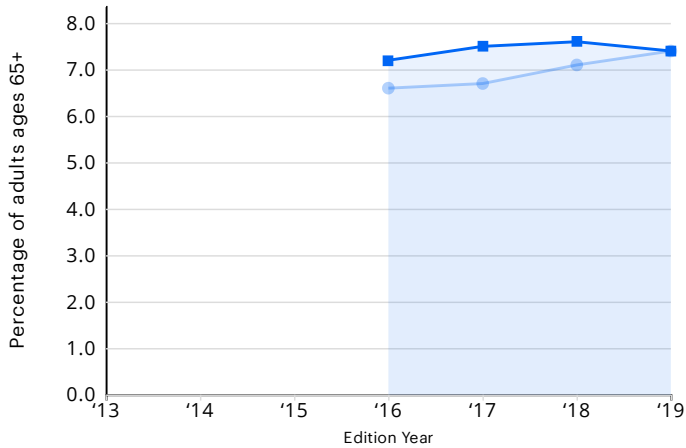
● United States



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Excessive Drinking - Ages 65+



Percentage of adults ages 65 and older who reported binge drinking (four or more [females] or five or more [males] drinks on one occasion in the past 30 days) or heavy drinking (eight or more [females] or 15 or more [males] drinks per week)

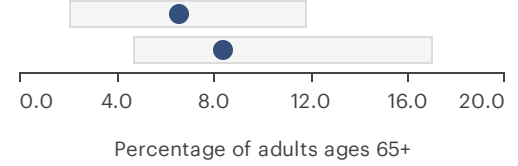
■ Arizona ● United States



GENDER

Female

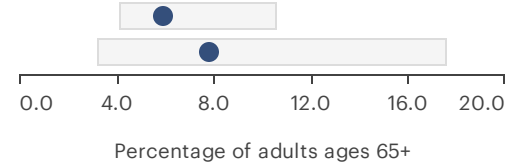
Male



RACE/ETHNICITY

Hispanic

White

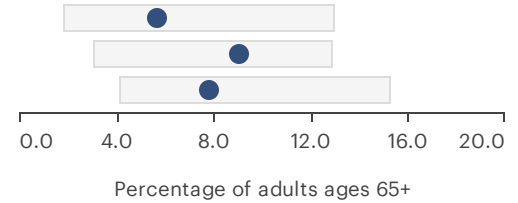


EDUCATION

High School Grad

Some College

College Grad



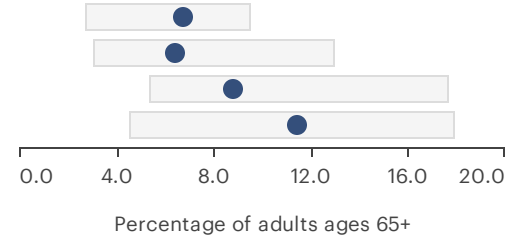
INCOME

Less Than \$25,000

\$25-\$49,999

\$50-\$74,999

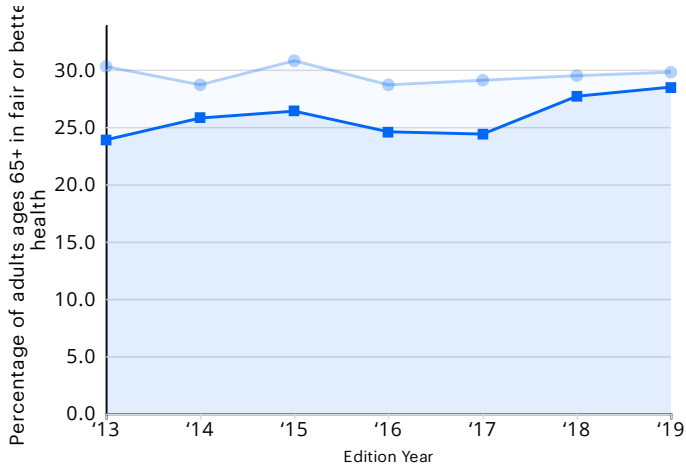
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Physical Inactivity - Ages 65+



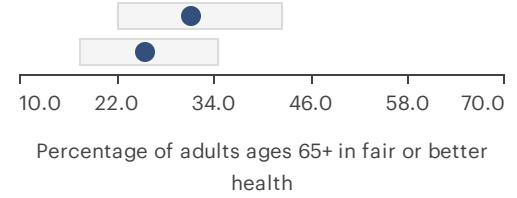
Percentage of adults ages 65 and older in fair or better health who reported doing no physical activity or exercise other than their regular job in the past 30 days

■ Arizona ● United States



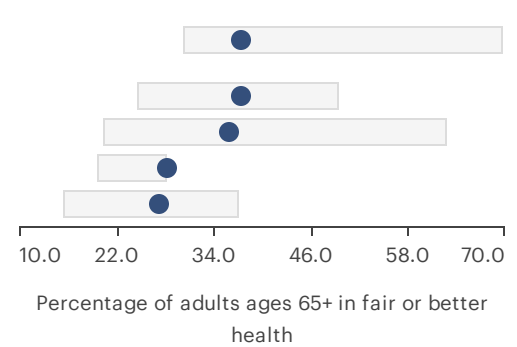
GENDER

Female
Male



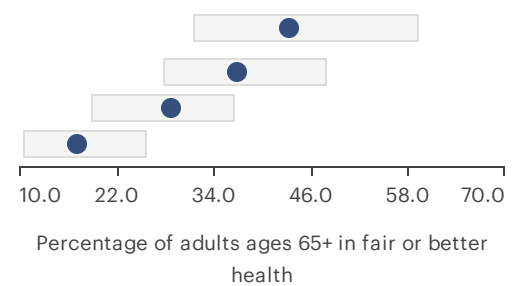
RACE/ETHNICITY

American Indian/Alaska Native
Black
Hispanic
Other Race
White



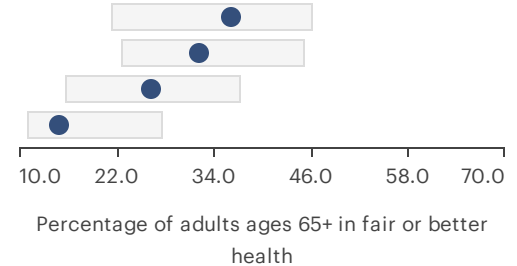
EDUCATION

Less Than High School
High School Grad
Some College
College Grad



INCOME

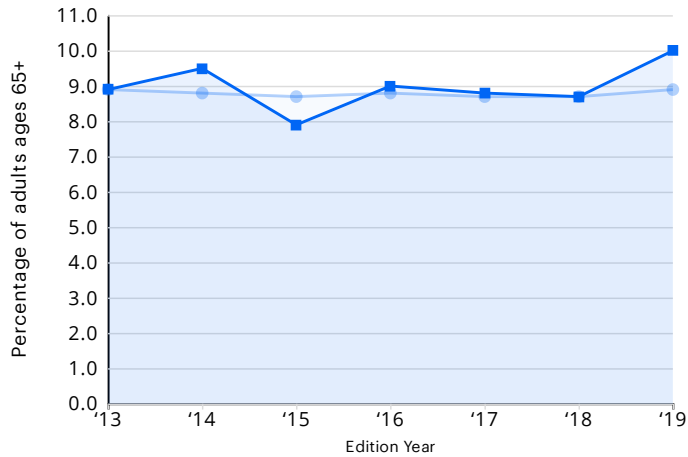
Less Than \$25,000
\$25-\$49,999
\$50-\$74,999
\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Smoking - Ages 65+



Percentage of adults ages 65 and older who reported smoking at least 100 cigarettes in their lifetime and currently smoke daily or some days

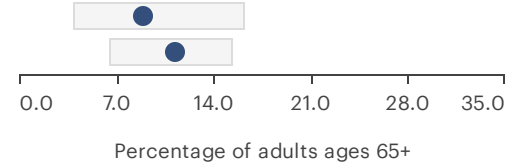
■ Arizona ● United States



GENDER

Female

Male

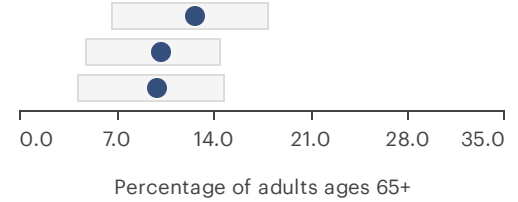


RACE/ETHNICITY

Black

Hispanic

White



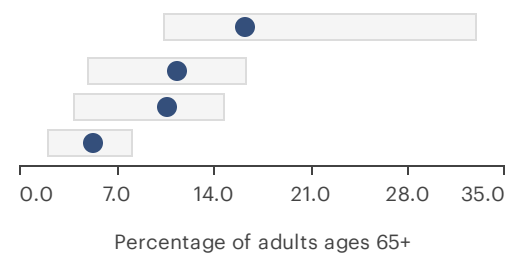
EDUCATION

Less Than High School

High School Grad

Some College

College Grad



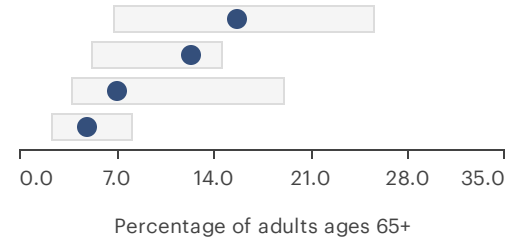
INCOME

Less Than \$25,000

\$25-\$49,999

\$50-\$74,999

\$75,000 or More



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

